

Transøsterdalen 2020

Menn Elite

Navn	Totaltid
1 Emil Hasund Eid Hard Rocx Swix 01:26:47 02:26:46 01:46:45	5:40:19
2 Ole Hem Wilier 7C Force 01:26:51 02:26:46 01:46:42	5:40:20
3 Fredrik Haraldseth Hard Rocx Swix 01:26:37 02:29:59 01:46:45	5:43:22
4 Marius Fjeld Asker CK 01:26:59 02:29:59 01:46:42	5:43:41
5 Vidar Mehl Hard Rocx Swix 01:27:36 02:30:05 01:46:42	5:44:24
6 Knut Erik Nesteby Savalen SK 01:27:22 02:32:32 01:46:45	5:46:40
7 Håvard Gjeldnes Trollheimen SK 01:30:10 02:31:19 01:46:44	5:48:14
8 Martin Røste Omdahl Raufoss & Gjøvik SK 01:32:53 02:30:55 01:46:42	5:50:31
9 Odd Erlend Hansen Berg Birk Sport Racing 01:33:27 02:35:38 01:48:46	5:57:52
10 Vebjørn Rønning Tønsberg CK 01:29:49 02:44:26 01:48:26	6:02:41
11 Jonas Nerموen IF Frøy 01:32:19 02:38:52 01:53:30	6:04:42
12 Jonas AMUNDSEN Nes SK 01:32:21 02:40:44 01:53:42	6:06:48
13 Justinas Leveika Savalen SK 01:36:29 02:45:57 01:54:21	6:16:49
14 Daniel Wikstøl Jaerson Svarstad IL Sykkel 01:36:29 02:47:40 01:54:20	6:18:31
15 Roar Sollie Raufoss & Gjøvik SK 01:46:47 02:40:44 01:54:24	6:21:56

Damer Elite

Navn	Totaltid
1 Hildegunn Hovdenak Molde CK 01:51:36 02:55:12 02:03:24	6:50:12
2 Anne Helene Reiten Trollheimen SK 01:49:45 03:02:41 02:05:29	6:57:56
3 Synne Steinsland Team Skeno-sFIT Helse 01:52:07 03:08:38 02:09:24	7:10:10
4 Berit Nordsæter Resell Lillehammer CK 01:53:59 03:17:11 02:05:29	7:16:39
5 Tone Kristin Larsen SK Rye sykkel 01:58:55 03:17:38 02:13:21	7:29:55
6 Andrea Patricia Coucheron Bærum OCK 02:07:00 03:36:05 02:22:32	8:05:39

Damer 17-19

Navn	Totaltid
1 Malin R Håvik Trollheimen SK 02:30:57 03:59:25 02:35:38	9:06:01

Damer 25-29


Navn	Totaltid
1 Ida Aakvik Trollheimen SK 02:20:12 04:00:34 02:36:38	8:57:24

Menn 30-34

Navn	Totaltid
1 Espen Gundersen 132810 01:56:51 03:17:02 02:07:24	7:21:18
2 Jan Stian Jellum Aaby CK 01:58:00 03:22:13 02:13:51	7:34:04
3 Migjen Ganiu 02:19:06 03:46:32 02:29:48	8:35:27

Menn 40-44

Navn	Totaltid
1 Terje Gunnestad Equinor 01:43:01 02:58:18 02:01:59	6:43:18
2 Ronny Hansen GAN BIL 01:48:32 03:07:48 02:03:22	6:59:43
3 Espen Tuveng Multiconsult BIL 01:50:03 03:07:25 02:05:41	7:03:10
4 Thomas Hovda Raufoss & Gjøvik SK 02:02:34 03:27:53 02:14:41	7:45:09

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Menn 40-44

	Navn					Totaltid
5	Heine Sirhaug	Raufoss og Gjøvik Sykkelklubb	02:08:39	03:32:53	02:15:37	7:57:10
6	Nils Magnus Johansson	Øksnes Elkraftconsult BIL	03:05:21	04:57:40	02:57:09	11:00:12

Menn 50-54

	Navn					Totaltid
1	Lars Erik Lundberg	Kaffeins Corner	01:49:13	03:03:27	02:03:46	6:56:27
2	Olve Skjetne	Raufoss & Gjøvik SK	01:49:13	03:07:25	02:07:26	7:04:04
3	Tord Bern Hansen	SK Rye	01:49:52	03:07:26	02:07:25	7:04:44
4	Knut-Erik Kristiansen	Lillehammer CK	01:52:21	03:09:40	02:05:47	7:07:49
5	Jan Gulbrandsen	Krystal.no	01:52:49	03:17:15	02:07:27	7:17:31
6	Roger Langaard	Aron Skiklubb	01:52:48	03:18:47	02:07:55	7:19:31
7	Trond Nilsen	Konnerud IL Sykkel	01:53:51	03:18:53	02:07:44	7:20:28
8	Inge Jenssen	Hammerfest SK	01:52:50	03:22:14	02:10:55	7:26:00
9	Ole Christian Lunna	Brøttum IL	01:58:08	03:22:12	02:10:54	7:31:15
10	Ulf-Gunnar Mikalsen	Tryvann Cykleklubb	02:07:28	03:40:27	02:16:05	8:04:01
11	Trond Syverstad	Sande SpKI Sykkel	02:09:34	04:00:20	02:29:22	8:39:16
12	John Harald Johansen	IF Frøy	02:18:03	03:57:24	02:45:08	9:00:36
13	Enrique Mora	Nidaros SK	02:27:55	04:18:57	02:36:38	9:23:30
14	Kent Søgård	Hurum CK	02:24:55	04:25:23	02:36:52	9:27:12

Damer 50-54

	Navn					Totaltid
1	Anna Lina Toverud	Kolbotn SK	02:31:55	04:12:14	02:36:53	9:21:04

Menn 55-59

	Navn					Totaltid
1	Geir Zachariassen	Vang Skiløperforening Sykkel	01:49:13	03:07:24	02:05:40	7:02:18
2	Svein Fjeldheim	Brd Dahl	01:49:13	03:07:25	02:05:41	7:02:19
3	Bent Hagen	Lillehammer CK	02:01:20	03:29:35	02:24:37	7:55:33
4	Pål Andresen	Drammen CK	02:12:20	03:35:32	02:20:56	8:08:49
5	Morten W Røstad	Ullensaker CK	02:12:04	03:52:54	02:23:59	8:28:58
6	Frode Aamlid	Sande SpKI Sykkel	02:12:22	03:56:55	02:29:22	8:38:40

Menn 60-64

	Navn					Totaltid
1	Roy-Arne Gjerde	Holmestrand SK	01:52:14	03:10:45	02:05:43	7:08:43
2	John Arne Holtop	Bingsfoss SK	01:58:24	03:27:20	02:15:36	7:41:21
3	Trond Øksnes	Øksnes Elkraftconsult AS	02:29:22	04:12:10	02:48:23	9:29:56

Menn 65-69

	Navn					Totaltid
1	Per Kristian Greve	Orkla CK	02:09:23	03:44:33	02:26:33	8:20:30
2	Tor Inge Gystøl		02:18:45	03:57:27	02:32:02	8:48:15

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Transøsterdalen 2020

Damer 35-39

	Navn					Totaltid
1	Elin Bjørnstad-Tuveng	Savalen SK	02:03:19	03:56:35	02:22:15	8:22:10

Menn 35-39

	Navn					Totaltid
1	Henrik Dalbakk		01:48:24	03:07:24	02:05:40	7:01:28
2	Trygve Strand	Rørlegger Strand & Co	02:25:55	03:59:20	02:29:30	8:54:46

Damer 45-49

	Navn					Totaltid
1	Berit Benjaminsen	IF Frøy	02:17:23	03:57:26	02:36:52	8:51:43

Menn 45-49

	Navn					Totaltid
1	Stein Motrøen	Kolbotn SK	01:42:28	02:55:45	01:57:57	6:36:10
2	Michael Rene Helgestad	Eiker CK	01:43:33	02:58:19	02:01:59	6:43:51
3	Gaute Moen	J Reiten AS	01:45:28	03:01:05	02:01:58	6:48:33
4	Richard Rybakken Dahl	Kafteins Corner	01:49:15	03:18:26	02:07:24	7:15:06
5	Ola Morten Hauen		01:52:49	03:17:04	02:05:41	7:15:34
6	Rune Røsten	Østmarka stforening	01:57:01	03:25:43	02:11:12	7:33:57
7	Kjetil Lorentzen	Savalen SK	01:58:42	03:26:12	02:13:13	7:38:08
8	Jarle Ueland	Rørlegger Strand & Co	02:01:53	03:26:22	02:15:35	7:43:52
9	Tore Langrusten Johansen	Ottadalen SK	02:07:44	03:30:08	02:11:02	7:48:54
10	Pål Endresplass	Nitelva CK - sykkelgruppe	02:03:28	03:35:11	02:14:40	7:53:20
11	Audun Markeng	Kafteins Corner	02:08:39	03:40:45	02:07:23	7:56:47
12	Glenn Edvardsen	Rørlegger Strand & Co	02:13:06	03:32:48	02:15:37	8:01:31
13	Per Rolness	Olympiasport	02:06:47	03:39:54	02:17:15	8:03:57
14	Håvard Solem	SINTEF	01:52:53	03:52:39	02:28:33	8:14:06
15	Stein Are Olausen	SK Rye sykkel	02:20:12	04:08:04	02:32:02	9:00:20
16	Ottar Holstad	Ålesund og Omegn CK	02:30:49	04:18:56	02:18:55	9:08:41

Master M 30-34

	Navn					Totaltid
1	Ola Tuko	Kongsberg IF Sykkel	01:38:18	02:52:38	01:57:19	6:28:16
2	Martin Ljoestad	CK Valeo, Fornebu	01:41:04	02:53:28	01:59:01	6:33:34
3	Eivind Ekeli	IF Frøy	01:42:53	02:55:09	02:06:59	6:45:02
4	Anders Seim	SK Rye sykkel	01:40:59	03:08:39	02:08:55	6:58:35
5	Marcel Marek	SK Rye sykkel	01:45:00	03:12:20	02:09:34	7:06:55

Master M 35-39

	Navn					Totaltid
1	Uno Sandstrøm	Asker CK	01:38:32	02:52:38	01:59:13	6:30:23
2	Erlend Olsen	Søre Osen IL	01:48:02	03:02:36	02:03:50	6:54:29
3	Bjørn Herbrand Tretterud	Andebarkji TSK	01:57:53	03:22:29	02:13:13	7:33:35

Transøsterdalen 2020

Master M 35-39

Navn	Totaltid
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Master K 35-39

Navn	Totaltid
1 Maiken Kallesen IF Frøy	02:13:16 03:52:37 02:26:10 8:32:04

Master M 40-44

Navn	Totaltid
1 Tor Bjørnstad-Tuveng Savalen SK	01:34:32 02:39:20 01:54:23 6:08:17
2 Jørn Espen Bolstad Fiskum IL	01:34:57 02:46:59 01:54:26 6:16:22
3 Dagfinn Bang-Johansen IF Frøy	01:38:55 02:47:41 01:54:23 6:21:00
4 Ronny Bakke Asker CK	01:38:18 02:47:23 01:59:13 6:24:54
5 Alexander Hagen Soon CK	01:40:27 02:52:37 01:54:22 6:27:27
6 Kenneth Lømo CK Elverum	01:38:26 03:01:36 01:54:22 6:34:25
7 Jan Kristian Haugnæss Eiker CK	01:40:33 03:12:22 01:54:23 6:47:19
8 Nils Ole Madsen Konnerud IL Sykkel	01:49:05 02:59:41 02:00:47 6:49:34

Master K 45-49

Navn	Totaltid
1 Liv Janne Jacobsen IF Frøy	02:48:16 04:35:48 03:04:56 10:29:02
2 Siv Ellen Grewe IF Frøy	02:51:35 04:35:48 03:04:56 10:32:20

Master M 45-49


Navn	Totaltid
1 Truls Veslum Asker CK	01:35:08 02:47:40 01:54:22 6:17:11
2 Øyvind Briseid Asker CK	01:40:03 02:55:16 01:56:16 6:31:36
3 Øystein Hansen SK Rye sykkel	01:41:12 02:53:27 01:59:14 6:33:54
4 Trond Rykken Lørenskog CK	01:40:30 02:56:40 01:57:18 6:34:28
5 Geir Ottar Kvernstuen SK Rye sykkel	01:38:57 03:00:26 02:00:42 6:40:06
6 Erik Mikkelsen Equinor BIL	01:44:38 03:17:34 02:09:10 7:11:23
7 Morten Winsnes IF Frøy	01:54:10 03:19:34 02:13:12 7:26:57
8 Bjørn Tore Aune IF Frøy	02:04:06 03:22:27 02:13:12 7:39:46
9 Terje Bergset Ålesund og Omegn CK	02:08:45 03:50:28 02:15:45 8:14:58

Master M 50-54

Navn	Totaltid
1 Roar Skalstad Kongsberg IF Sykkel	01:38:18 03:02:16 01:54:22 6:34:57
2 Ben Erik Sira Ørsta SK	01:48:56 03:05:26 02:00:42 6:55:04
3 Thomas Lium IF Frøy	01:52:52 03:18:11 02:11:43 7:22:47
4 Terje Gomo IF Frøy	01:54:42 03:19:34 02:13:21 7:27:38
5 Øyvinn Wormnæs IF Frøy	02:01:22 03:35:15 02:25:57 8:02:35
6 Stein Kjetil Rånes IF Frøy	02:20:44 03:52:40 02:37:55 8:51:21

Master K 50-54

Navn	Totaltid
1 Nina Malme Gulbrandsen IF Frøy	02:27:49 04:12:26 02:44:32 9:24:48

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Transøsterdalen 2020

Master K 55-59

	Navn					Totaltid
1	Kristin Ankile	Drammen CK	02:01:43	03:31:37	02:17:52	7:51:13

Master M 55-59

	Navn					Totaltid
1	Roy Kjærnet	SpKI Ceres Sykkel	01:39:54	02:53:29	01:59:13	6:32:37
2	Sveinung Talberg	Rauma SK	02:01:55	03:24:14	02:12:56	7:39:06
3	Håkon Skar	SK Rye sykkel	02:01:31	03:36:07	02:22:40	8:00:19

Master M 60-64

	Navn					Totaltid
1	Håkon Svarliaunet	Savalen SK	01:46:08	02:57:10	02:05:30	6:48:49
2	Ole Bjørn Tretterud	Andebarkji TSK	02:09:32	03:34:48	02:16:32	8:00:53

Master M 65-69

	Navn					Totaltid
1	Trond Overn	Raufoss & Gjøvik SK	01:54:44	03:17:38	02:13:20	7:25:43

Master M 70+

	Navn					Totaltid
1	Trond D`Gamle Gunleiksrud	Holmestrand SK	02:24:14	04:01:33	02:39:20	9:05:08